



# Dore Primary School

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## Year 4 and 5 Relationships and Sex Education (RSE) 2018

Dear parents and carers,

To deliver age-appropriate Relationship and Sex Education (RSE) the children will be divided into Year 4s and Year 5s for two afternoons next week. The majority of the content of these sessions will be drawn from the statutory National Curriculum Science programmes of study and PSHE (Personal, social, health and economic) Health and Wellbeing programmes of study.

### Year 4s

- **Animal life cycles** – understanding of the roles of seeds and eggs, and differences between males and females.
- **Relationships** – particularly friendships
- **Body systems** - including reproduction and associated body parts
- **Conception and gestation** – development of a baby (Lennart Nilsson photography)

### Year 5s

- **Human life cycle**
- **Puberty** – physical and emotional changes including menstruation
- **Hygiene** – the importance of personal hygiene

We use scientific vocabulary associated with these themes, the Y4s will watch an age-appropriate chapter of Living and Growing DVD (produced by Channel 4) and the Y5s will use the book Let's Talk About the Birds and the Bees by Molly Potter. This will be preceded and followed with discussion and written responses.

You may wish to discuss this with your child before the lessons. If you have any concerns about this area of the curriculum, we are offering a viewing of the Y4 DVD and Y5 Text at 8.15am on Tuesday 3<sup>rd</sup> July in the Y4/5 upstairs classrooms.

Finally, to help with this could your child **please bring in a baby photo of themselves**, do not show anyone in Year 4 or 5, we will be using them as a quiz to match people up and see how we have changed!

If you have any questions, please do ask.

Yours

Miss Davidson, Mrs Davison, Mrs Drazek, Mrs Granville, Mr Hanks, Mrs Simpson and Miss Williamson

We respect the UN Convention on the Rights of the Child.  
Article 28: We have the right to a good quality education.

